



Lauren Carey
Sagemont Class of 2006

College: University of Miami

Major Accomplishments:

- Graduated Magna Cum Laude, 2009
- Henry King Stanford Scholarship
- President's Honor Roll
- University of Miami Rhodes Scholar Candidate
- Sigma Theta Tau Int. Nursing Honor Society
- School of Nursing and Health Science Senator
- Service and Leadership Advisory Board
- President's 100 Member
- C.E.R.T (Canes Emergency Response Team)
- Big Brother Big Sister of Greater Miami Mentor
- College Leadership Florida- Class IX
- Intercultural Cancer Council's Biennial Symposium on Minorities, the Medically Underserved & Cancer

How Did Sagemont Prepare You For Your College Experience?

Attending the Sagemont School not only prepared me for college life, but it literally changed my life. Coming from a large public school where I was simply a number and made to feel that my education was completely controlled by others (administrators, school board decisions, etc.), I found myself ending the 8th grade by simply floating along. I never pushed myself, no one ever pointed out to me that I had gifts in any particular area- I simply went to school, followed the rules, and went home. Attending Sagemont changed all of this as I was surrounded by nurturing leaders both inside and outside of the classroom. I was given ownership of my education for the first time in my life and, with all the opportunities at hand, was able to choose classes that interested me. Taking mostly Advanced Placement and Dual enrollment classes my Senior year boosted my confidence, helped me prepare for my Freshman year of college at a University ranked top 50 in the nation, and allowed me to graduate a year early from college with honors. The extracurricular activities at Sagemont taught me how to become a better leader, a skill that I further developed in college and now rely on in my role as an RN. Finally, being involved in the athletic programs at Sagemont showed me that dedication and teamwork can be applied to many areas of life. These lessons still ring true today whether in the classroom, at work, or while competing in Triathlons and Marathons. I can not begin to express how lucky I feel to have attended Sagemont and in how many ways my 4 years there have contributed to my success.