



SAGEMONT
PREPARATORY SCHOOL

Sagemont Prep Athletic FAQ

How do I find out what sports are offered? We offer a variety of sports at the elementary, middle, and high school levels. For a comprehensive list, please click on

[📄 Sagemont Prep Athletics General Info 25_26](#) Our offerings are fluid and can change from season to season, so please check back for accurate information.

Are there any forms required for participation? Yes, all student-athletes participating on a middle or high school team must create an [Aktivate](#) (formerly RMA) account. All student-athletes must have a sports physical administered by a physician, documented on the FHSA Pre-Participation Physical Form (EL2), and upload **PAGE 4 ONLY** into their Aktivate account before tryouts or practices begin. You will not be allowed to practice or try out without these forms turned in. All required forms can be accessed via your Aktivate account.

How do I communicate with the head coach? The Athletic Department uses TeamSnap to communicate with their teams and parents, list their practice schedule, and cancel events due to weather or other circumstances. Student-athletes will provide their head coach with their email address, they will then receive an invitation to download the app (it's free), join the group, and then add unlimited family members to their account so the communication reaches everyone involved with the team.

How do I find out information about practices? A complete list of our sports, including the head coach's contact information, practice days and locations, bus departures, and more can be found in [📄 Sagemont Prep Athletics General Info 25_26](#)

How do I find out information about contests? Contests for each team can be found via each team's individual TeamSnap.

What happens when a practice or contest is canceled at the last minute? The Athletic Department does its very best not to cancel events last minute, but sometimes these situations are unavoidable due to weather or the opposing school encounters an issue. Coaches will immediately cancel the event in TeamSnap, and all members of the group will receive a push notification and an email notifying them of the cancellation.

Where does my student-athlete go if/when an event is canceled last minute? If the event is canceled before departure from the school, student-athletes should remain on campus in the courtyards. If the event is canceled after the team has departed, they will remain with their



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coach at the venue until either they are picked up by a parent or the bus returns to bring them back to campus.

Where can my student-athletes find their bus? Our daily athletic shuttle is located in front of the Goldman Athletic Center. Shuttles for practices depart promptly at either 3:00 pm or 3:30 pm. Departure for buses for home and away contests varies based on the contest start time and the location of the venue. Departure times can be found via TeamSnap. Early dismissal time is 15 minutes before pickup.

Do I have to pick up my student-athlete from practice or contests? We provide one-way transportation to all practices and home contests. Parents and/or guardians should pick up their student-athletes from the venue. Two-way transportation is provided for all away contests.

Does my student-athlete have to ride the bus home from away contests? No, student-athletes may ride home with their parents or guardians ONLY. Coaches will provide an electronic transportation release via the team's TeamSnap account that must be completed before releasing the student-athlete. They are not permitted to ride home with a teammate or their teammates' parents.

May my student-athlete drive to practice and contests. Students who drive to school may drive THEMSELVES to practice ONLY. They are not permitted to drive to any contest, nor permitted to take fellow teammates/other students with them.

Where can my student-athletes store their athletic bags and/or equipment during the school day? All athletic bags and equipment may be kept in the athletic office located in the weight room, which is behind the Goldman Athletic Center, adjacent to the concession stand. There are signs informing student-athletes which office is designated for bag and equipment storage.

May my student-athletes wear their athletic jersey or apparel in place of the school uniform? Student-athletes are permitted to wear their jersey or team-issued jacket/pullover on game days and Fridays only. They must wear the approved school uniform and sweatshirts on all other days.

What equipment or apparel are families responsible for? The Athletic Department provides all uniform items necessary for contests. We do not provide items like, but not limited to, optional protective gear, shin guards, shoes, cleats, bats, gloves, bags, headbands, golf clubs, or goggles.



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What happens if my student-athlete loses an apparel or equipment item provided by the athletic department? The athletic department will do its best to replace that item(s) based on availability, but not until the lost item(s) have been paid for.