

ATHLETICS

Below we have included some important information regarding Sagemont Prep Athletics. You can also visit our Sagemont Prep website (sagemont.com) for additional information. If you have any questions, please feel free to contact Athletic Director Sean Leonardo (sleonardo@sagemont.com).



SAGEMONT PREP ATHLETICS OFFERED

The Sagemont Prep Athletic Department is comprised of 21 different competitive programs. Within these programs, there are over 40 teams representing Sagemont Prep. Many of these programs are made up of a variety of teams including varsity, junior varsity, middle school, and elementary. Below is a list of the programs, along with the season they are played and the age level of the teams offered.

FALL SPORTS (LATE JULY - NOVEMBER)

SPORT	HIGH SCHOOL	MIDDLE SCHOOL	ELEMENTARY
VARSITY SWIMMING - BOYS	●	●	●
VARSITY SWIMMING - GIRLS	●	●	●
VOLLEYBALL - GIRLS	●	●	●
FLAG FOOTBALL - BOYS		●	●
GOLF - GIRLS	●		
GOLF - BOYS	●		

WINTER SPORTS (OCTOBER - FEBRUARY)

SPORT	HIGH SCHOOL	MIDDLE SCHOOL	ELEMENTARY
BASKETBALL - BOYS	●	●	●
BASKETBALL - GIRLS	●	●	●
CHEER - BASKETBALL	●	●	●
COMPETITIVE CHEER	●	●	
SOCCER - BOYS	●	●	●
SOCCER - GIRLS		●	●

SPRING SPORTS (JANUARY - MAY)

SPORT	HIGH SCHOOL	MIDDLE SCHOOL	ELEMENTARY
BEACH VOLLEYBALL - GIRLS	●		
TENNIS - BOYS	●	●	
TENNIS - GIRLS	●	●	
TRACK - BOYS	●	●	●
TRACK - GIRLS	●	●	●
VOLLEYBALL - BOYS	●	●	●
FLAG FOOTBALL - GIRLS	●	●	●

YEAR-ROUND (AUGUST - APRIL)

SPORT	HIGH SCHOOL	MIDDLE SCHOOL	ELEMENTARY
COMPETITIVE DANCE	●	●	
eSPORTS	●	●	

