

AUGUST MENU

Name _____ Teacher _____ Class _____

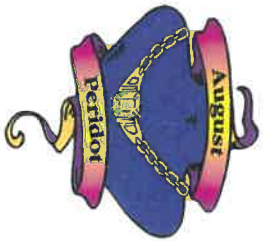
Please write the grade your child is going into!!

*Return by Friday, July 26th. Lunch Orders cannot be accepted after July 26th.
Fresh Fruit and Water are included with the meal.*

Monday Aug-19	Tuesday Aug-20	Wednesday Aug-21	Thursday Aug-22
<input type="checkbox"/> Baked Chicken Nuggets Glazed Carrots <input type="checkbox"/> Bagel w/ Cream Cheese Veggies & Hummus	<input type="checkbox"/> Pasta w/ Tomato Sauce Roasted Seasonal Veggies <input type="checkbox"/> Ham & Cheese Sub Sandwich Baked Chips	<input type="checkbox"/> Grilled Chicken Sandwich Roasted Potatoes <input type="checkbox"/> Sun Butter & Jelly Sandwich Veggies & Hummus	<input type="checkbox"/> Mac & Cheese Roasted Seasonal Veggies <input type="checkbox"/> Grilled Chicken Wrap Veggie Chips
26-Aug	27-Aug	28-Aug	29-Aug
<input type="checkbox"/> Baked Chicken Nuggets Roasted Seasonal Veggies <input type="checkbox"/> Pasta w/Sirloin & Mushroom Sauce Roasted Seasonal Veggies	<input type="checkbox"/> Maple Mustard Glazed Sliced Turkey, Roasted Sweet Potato Fries <input type="checkbox"/> Greek Salad w/ Grilled Chicken Pita Bread	<input type="checkbox"/> Grilled Cheese Roasted Seasonal Veggies <input type="checkbox"/> Turkey Sandwich Veggie Chips	<input type="checkbox"/> Baked Fish Sticks w/ Slaw (on the side) Roasted Potato Wedges <input type="checkbox"/> MYO Cheese Stackers Veggie& Hummus

**Please find attached the Credit Card authorization form to be completed and signed.
(it can be used for future lunch payments)**





LUNCH MENU

HOW TO ORDER LUNCH

Please see the reverse side for this month's lunch menu. Lunch is \$ 5.50 per day, one size only. To select a lunch for the day, please place an **X** on the line next to the lunch of your choice. Fresh fruit and water are included with the meal. Please record the selected days on your calendar. **Copies will not be sent home.**

See examples below:

MONDAY Aug 19	TUESDAY Aug 20	WEDNESDAY Aug 21	THURSDAY Aug 22
<input type="checkbox"/> Baked Chicken Nuggets	<input type="checkbox"/> Cheese Lasagna	<input type="checkbox"/> Arroz con Pollo	<input type="checkbox"/> Mac & Cheese
<input type="checkbox"/> Honey Vanilla Glazed Carrots	<input type="checkbox"/> Roasted Edamame	<input type="checkbox"/> Baked Plantains	<input type="checkbox"/> Roasted Vegetables
<input type="checkbox"/> Turkey & Cheese Stackers	<input type="checkbox"/> Lentil Quinoa Salad	<input type="checkbox"/> Ham & Cheese Sandwich	<input type="checkbox"/> Buffalo Chicken Wrap
<input type="checkbox"/> Baked Chips	<input type="checkbox"/>	<input type="checkbox"/> Baked Chips	<input type="checkbox"/> Baked Chips

Please return menu with full payment.

Make checks payable to The Sagemont School.



SEPTEMBER MENU

Name _____ Teacher _____ Class _____

**IF YOU WOULD LIKE TO ORDER PLEASE RETURN WITH PAYMENT BY MONDAY, AUGUST 19th
LUNCH ORDERS FOR THIS MONTH CAN NOT BE ACCEPTED AFTER AUGUST 19th**

Monday Sep-02	Tuesday Sep-03	Wednesday Sep-04	Thursday Sep-05
NO SCHOOL	<input type="checkbox"/> Baked Chicken Nuggets Roasted Seasonal Veggies <input type="checkbox"/> Bagel with Cream Cheese Veggies and Hummus	<input type="checkbox"/> Grilled Cheese Roasted Potato Wedges <input type="checkbox"/> Turkey & Swiss Wrap Veggie Chips	<input type="checkbox"/> Lean Beef Burger Roasted Veggies <input type="checkbox"/> Tuna Salad Sandwich Veggie Chips
9-Sep	10-Sep	11-Sep	12-Sep
<input type="checkbox"/> Baked Chicken Nuggets Roasted Veggies <input type="checkbox"/> Sun Butter w/ Jelly Sandwich Veggies and Hummus	<input type="checkbox"/> Breakfast for Lunch Waffles, Eggs <input type="checkbox"/> Lighter Waldorf Nut Free Chicken Salad over Mixed Green, Roll	<input type="checkbox"/> Arroz con Pollo Baked Plantains <input type="checkbox"/> Ham & Swiss Sub Veggie C hips	<input type="checkbox"/> Mac & Cheese Roasted Veggies <input type="checkbox"/> Southwestern Grilled Chicken Salad Tortilla Chips
16-Sep	17-Sep	18-Sep	19-Sep
<input type="checkbox"/> Baked Chicken Nuggets Roasted Veggies <input type="checkbox"/> Bagel with Jelly Veggies and Hummus	<input type="checkbox"/> Cheese Tortellini w/ Olive Oil Roasted Veggies <input type="checkbox"/> Mild Buffalo Chicken Wrap Veggie Chips	<input type="checkbox"/> French Dip (Marinated & Sliced Beef w. Sauteed Mushrooms & Au Jus on a Sub) <input type="checkbox"/> MYO Turkey & Cheese Stackers Veggies and Hummus	<input type="checkbox"/> Baked Fish Sticks w/ Slaw (on the side) Roasted Potato <input type="checkbox"/> Ham & Cheese Sandwich Baked Chips
23-Sep	24-Sep	25-Sep	26-Sep
<input type="checkbox"/> Baked Chicken Nuggets Roasted Seasonal Veggies <input type="checkbox"/> Pasta w/Lean Beef & Eggplant Parmesan, Roasted Seasonal Veggies	<input type="checkbox"/> Maple Glazed Sliced Turkey, Roll Roasted Seasonal Veggies <input type="checkbox"/> Lean beef Taco Salad w/ Chunky Tomato	<input type="checkbox"/> Grilled Cheese Roasted Seasonal Veggies <input type="checkbox"/> Turkey Wrap Veggie Chips	<input type="checkbox"/> Mac & Cheese Roasted Veggies <input type="checkbox"/> Greek Salad w/ Grilled Chicken Pita Bread
30-Sep	1-Oct	2-Oct	3-Oct
NO SCHOOL	<input type="checkbox"/> Pasta w/Turkey Bolognese Sauce Roasted Seasonal Veggies <input type="checkbox"/> Lean Beef Taco Salad w/ Chunky Tomato	<input type="checkbox"/> Picadillo Baked Plantains, Brown Rice <input type="checkbox"/> Turkey Wrap Veggie Chips	<input type="checkbox"/> Turkey Meatballs w/ Veggie Tomato Sauce Roasted Seasonal Veggies <input type="checkbox"/> Tuna Salad Sandwich Veggie Chips

If you have a C/C on file with the business office please sign here _____





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See examples below:

MONDAY Aug 19	TUESDAY Aug 20	WEDNESDAY Aug 21	THURSDAY Aug 22
<u> </u> S Baked Chicken Nuggets Honey Vanilla Glazed Carrots <u> </u> Turkey & Cheese Stackers Baked Chips	<u> </u> Cheese Lasagna Roasted Edamame <u> </u> S Lentil Quinoa Salad	<u> </u> S Arroz con Pollo Baked Plantains <u> </u> Ham & Cheese Sandwich Baked Chips	<u> </u> Mac & Cheese Roasted Vegetables <u> </u> S Buffalo Chicken Wrap Baked Chips

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